



SUMMER AQUA DEEP TIMETABLE

Looking for that kick to your day?
Come and try on of our classes today!

TIMES

	MON	TUE	WED	THUR	FRI	SAT
12.10pm	AQUA Deep		AQUA Deep		AQUA Deep	
5.00pm		AQUA Deep		AQUA Deep		
6.00pm	AQUA Deep		AQUA Deep		AQUA Deep	

No Impact • Injury Rehabilitation • Weight Management • Fun, Exciting Classes • www.lidoaquaticcentre.co.nz • Ph 357 2684