



Summer AQUA FIT TIMETABLE

Looking for that kick to your day?
Come and try on of our classes today!

TIMES	MON	TUE	WED	THUR	FRI	SAT	SUN
6.15am		AQUA Aerobics		AQUA Aerobics			
9.00am	AQUA Aerobics	AQUA Aerobics	AQUA Aerobics	AQUA Aerobics	AQUA Aerobics	AQUA Aerobics	
10.00am	aqua ZUMBA®				11am aqua ZUMBA®		aqua ZUMBA®
12.10pm	AQUA Deep		AQUA Deep		AQUA Deep		
5.00pm	AQUA Aerobics	AQUA Deep	aqua ZUMBA®	AQUA Deep			
6.00pm	AQUA Deep	KICKFIT	aqua ZUMBA® AQUA Deep	KICKFIT	AQUA Deep		