



Ōtāhuhu Pool & Leisure Centre

GROUP FITNESS TIMETABLE

5th - 12th January

TIME	MON	TUE	WED	THU	FRI	SAT	SUN
9:30AM GYM FLOOR	HIIT 30	SURGE 30	REV 30	SURGE 30	CORE 30	HIIT 30	SURGE 30
5:00PM GYM FLOOR	HIIT 30	CORE 30	SURGE 30	HIIT 30	CORE 30		



For more informations, please scan the QR code
or visit www.clmnz.co.nz/otahuhu-pool-recreation-centre

