

# Ōtāhuhu Pool & Leisure Centre

# GROUP FITNESS TIMETABLE

12th January - 31st January



TIME	MON	TUE	WED	THU	FRI	SAT	SUN
6:10AM	BOXFIT	SURGE 30 GYM FLOOR	ELEVATE	SURGE 30 GYM FLOOR	CARDIO KOMBAT		
8:00AM						PIKINIMA STADIUM	
9:30AM	HIIT 30 GYM FLOOR	MAX FIT	REV 30 GYM FLOOR	YOGA	CORE 30 GYM FLOOR		AQUA FIT POOL
10:00AM							YOGA
10:30AM	LEGENDS ACTIVE	AQUA FIT POOL	LEGENDS CIRCUIT		LEGENDS STRENGTH		
5:00PM	HIIT 30 GYM FLOOR	CORE 30 GYM FLOOR	SURGE 30 GYM FLOOR	CORE 30 GYM FLOOR	CORE 30 GYM FLOOR		
5:30PM		PIKINIMA STADIUM	SPIN GYM FLOOR	PIKINIMA STADIUM			
6:30PM	ZUMBA	MAX FIT		PUMP HEAVY	ZUMBA		



For more information, please scan the QR code  
or visit [www.clmnz.co.nz/otahuhu-pool-recreation-centre](http://www.clmnz.co.nz/otahuhu-pool-recreation-centre)

